

Intelligence

To talk about intelligence, first we should know the definition of intelligence, it has been defined in various ways. Some say intelligence is just having above average brain power , others may describe it as; ability to retain knowledge, creativity, adaption an many more...

Intelligence has been studied not only in humans, but amongst non-human animals and plants as well. The studies suggest that intelligence is influenced by both genetic and environmental factors.

When we think about the word “intelligence”, being academically smart comes into most peoples minds. Or something that has to do with knowledge, but intelligence isn’t entirely about that. There are other parts such as; emotional and social intelligence.

Emotional intelligence is thought to be the ability to convey emotion to others in an understandable way as well as to read the emotions of others accurately. Emotional intelligence has importance to our mental health and has ties with social intelligence.

And this brings us to social intelligence which is the ability to understand the social cues and motivations of others and oneself in social situations. Social intelligence is essential for unlocking the skills of effective communication, dialogue, and teamwork.

For me intelligence is not the same as learning or IQ scores. It’s different, intelligence is knowing how to use the information that you have digested earlier, it is something you can improve at (to some level at least). Everyone can be intelligent just not in the same way

Ceren ÖNER

